**Handout #1: Recommended Readings:**

There are many ABA books out there. We asked our speakers and SEABA members for their top picks. Here’s what they came up with;

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| Title | Summary |
| Let Me Hear Your VoiceBy Catherine Maurice | One parent’s story of her journey through diagnosis, treatments and interventions. |
| Applied Behaviour Analysis and Autism;Building a Future TogetherEdited by Mickey Keenan, Mary Henderson, Ken P Kerr and Karola Dillenburger | A practical book giving guidance on how to develop a tailored ABA programme. Also includes individual family case studies and discuss issues such as day-to-day management of programmes collaboration in the community, sibling support, school-based programmes and obtaining services. |
| An Early Start for your Child with Autism - Using Everyday Activities to Help Kids Connect, Communicate and LearnBy Sally Rogers, Geraldine Dawson and Laurie Vismara | This helpful guide for parents provides doable, practical strategies you can use during every day routines to target developmental skills.  |
| A Work In Progress: Behavior Management Strategies and a Curriculum for Intensive Behavioral Treatment of Autism**By Leaf and McEachin** | A very practical book giving the basic whys and hows of implementing certain targets. It gives an easy to follow curriculum as well as helpful data collection sheets and guides. |
| “Louder Than Words” **By Jenny McCarthy** | Comedian, actress and author, Jenny McCarthy details her journey with her son Ewan. She describes the struggles she has with trying to get a diagnosis, her encounters with different attitudes from other people, and her quest for interventions that help her son. This book is likely to make you laugh and cry. |
| “Overcoming Autism”**By Lynn Kern Koegel and Claire LaZebnik** | This book combines the ground-breaking research and clinical work of Lynn Kern Koegel Ph.D. – using Pivotal Response Training an approach based on ABA principles- with the practical everyday perspective of Claire LaZebnik whose experience as the mother of a son with autism provides insight into the daily life of parents coping with the disorder. Together they create a warm nurturing guide offering concrete ways to immediately begin improving the symptoms of autism and the emotional struggles that surround it. |
| How to Think Like a Behavior Analyst**By Jon Bailey** | Clear, practical and helpful, this book discusses what behaviour analysis involves, and the meaning of evidence-based treatment. It also presents tips on using behavioural procedures to improve lives and deal with others. |
| Good Night, Sweet Dreams, I Love You: Now Get into Bed and Go to Sleep - How Tired Parents Can Solve Their Children's Bedtime Problem**By Pat Friman** | This book outlines the problems related to bedtime for children and gives you advice and tips on how to handle them. Often providing several options so you can choose the approach you feel most comfortable with. |
| Behavioural Intervention for Young Children with Autism: A Manual for Parents and Professionals**By Maurice, Green, Luce** | Chapters on choosing an effective treatment discuss how to evaluate claims about treatments for autism, and what the research says about early behavioural intervention and other treatments. Subsequent sections address what to teach, teaching programs, how to teach, and who should teach. |
| Right from the Start: Behavioral Intervention for Young Children with Autism**By Sandra Harris** | A book discussing different treatment options to help families explore the options and select the educational treatment program that best suits them and their child's needs. |